

## ABSTRACT

A polylactic acid resin film or sheet which can be satisfactorily and stably formed and has excellent matte properties. It is a single-layer matte film or sheet which comprises a polylactic acid resin composition containing a particulate substance and at least one side of which has a surface gloss as measured in accordance with ASTM-D2457-70 (45° gloss) of 60% or lower.